



# Peak News

SEPT 2022

School is back in session (careful on the roads!), so we thought you might like to go back to school and learn a little more about how Apex is making a difference in the lives of area youth. Toward that end, this month's newsletter will highlight some of our "test results" -- our outcome measures. You'll see at a glance how effectively Apex is partnering with youth to identify their individual gaps and barriers, then developing the skills to overcome them. As you read, please remember that we couldn't do any of it without your support. Thank you!



Be sure to read all the way to the bottom to see the results of Truc Huynh's Fishing Across Maine fundraiser, *including information about raffle prizes!*

Fishing Across Maine is a fundraising campaign Truc launched June 15 on behalf of Apex, three days before he tragically drowned in an accident. The campaign went forward in his name and in his memory, becoming a part of his incredible legacy.

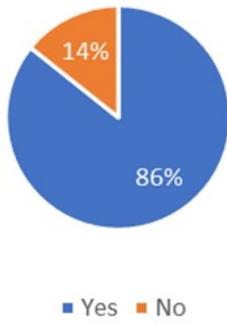
## What are outcome measures and how do they work?

Apex outcomes are data indicators, like scores, that our experiential educators use to assess the progress of individual youth and program effectiveness overall. Apex youth complete surveys to provide the data, reflecting on their experiences and learning at different points in their participation. For younger youth, they may only complete one. Older youth reflect and assess at least quarterly.

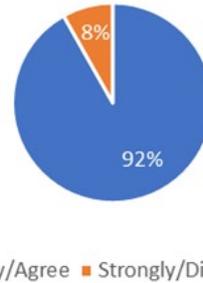
\*Photos in this section by p3Maine and Mercedes Mehling!



Sample outcomes for younger youth, grades 5-6:



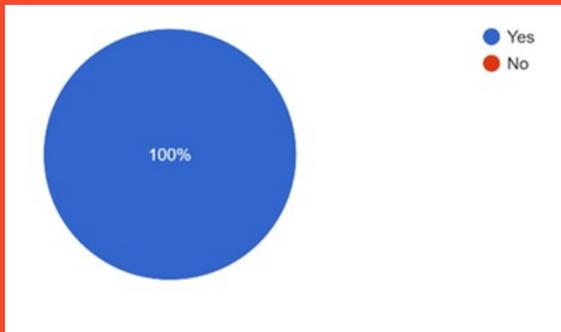
Do you trust yourself more as a result of participating in Apex programs?



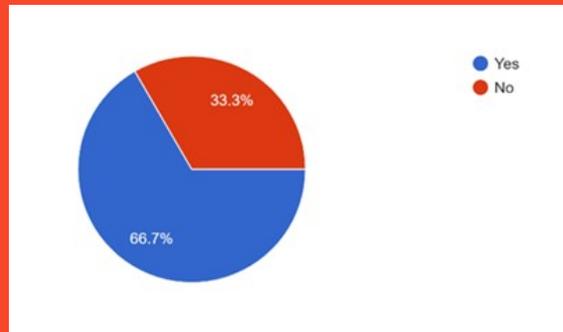
Do you feel better prepared for your future (school and beyond) because of what you learned through Apex programs?

"I talked to people, and that was something I was scared to do at first."

### Sample outcomes for grades 7-9:



There is an adult I trust at Apex. (Note to readers: trust is the underpinning for all our work.)



I am better at setting goals for myself because of my practice at Apex (Note to readers: this shows us there is room for growth!)

### Sample outcomes for grades 10-12:



80% have identified at least 3 potential paths to their future.

83% believe that the practice they have had in challenging themselves will help them overcome adversity.

67% believe that their developed skill in trying multiple solutions for a problem will help them overcome adversity.

For more information on Apex outcomes

### Fishing Across Maine - results to make Truc proud

The response to this campaign has been beyond amazing. All of us at Apex are so immensely

honored. To date, Truc -- and so many of his friends like you -- have raised

**\$36,126**

in support of area youth. This includes a \$7,500 donation just yesterday through Unum's Caring Spirit Campaign. Thank you to all for your generous donations. It is abundantly apparent that Truc made an impact on the lives he came across.

To continue Truc's legacy, a group of his friends are meeting regularly to develop a plan that will continue to pay it forward in Truc's name indefinitely.

For information on Truc's Legacy Committee



**A note from Truc's Legacy Committee:** In the spirit of honoring Truc's legacy, this Committee will present the winners of the Fishing Across Maine raffle with a gift card to enjoy dinner at his family's restaurant, PHOever Maine in Westbrook. They would be honored to serve in his memory.

The prize winners have been identified through anonymous selection. Apex will contact the winners by email or phone over the next week. Contact must be made within 7 days to receive the gift card. If you are a prize winner and wish to continue 'paying it forward,' you have the option to donate your gift card value to Apex Youth Connection. We will use the proceeds to continue supporting area youth; one of the missions dear to Truc's heart.

You can still contribute to Fishing Across Maine! [CLICK HERE](#)



Apex Youth Connection  
Phone: (207)650-9364  
[www.apexyouthconnection.org](http://www.apexyouthconnection.org)

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Apex Youth Connection | P.O. Box 783, Biddeford, ME 04005

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